



CAPITAL HEALTH
CARRIAGE INN OF CADIZ

Elizabeth Vargo

"When you needed help, they were always there!"

Helping Seniors Age on Their Own Terms

Elizabeth came to Carriage Inn of Cadiz after having received a pacemaker. Under the advice of her doctor, Betty chose Carriage Inn of Cadiz as the place to transition back to home.

Mrs. Vargo entered our Up and Go therapy program with Blue Sky Therapy. During her six weeks at Carriage Inn of Cadiz, she had daily specialized therapy rehabilitation which consisted of weight lifting, Nu-Step and Omni-Cycle machines, as well as stairs, gait, speech and occupational therapy. The specially trained therapy team at Carriage Inn of Cadiz provided a pleasant, goal-setting, stress-free environment for Betty.

While working with the therapists, Betty's scores rose from the baseline in every aspect of the therapy program, including functional mobility. She also exceeded baseline scores in problem solving and memory care. The Up and Go Program is designed to properly prepare residents for their return home, working with them daily to regain strength and to help them in their activities of daily living.

Sharon, Betty's daughter, was quick to mention that "They treated mom very well here." According to Betty, "If you're sick or need help, this is the place to be!"

Betty is back at home and doing well thanks to the staff at Carriage Inn of Cadiz and Blue Sky Therapy. We truly are helping seniors age on their own terms.





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Lois Keller

"Carriage Inn of Cadiz has been a class act for our family for the past twelve years."

Carriage Inn of Cadiz was with me every step of the way!

Lois Keller was admitted to Carriage Inn of Cadiz on July 26, 2016 after her pacemaker surgery at Wheeling Hospital.

During her stay at Carriage Inn of Cadiz, she required Physical, Occupational and Speech therapy to regain her strength, functional mobility and overall independence to return home. Lois participated in specialized Blue Sky Therapies Up and Go program as well as the Mind Program. The Up and Go Program is designed to get each resident to their prior level of living and the Mind Program focuses' on safety and memory recall.

While working with the therapists, Lois's scores rose from the baseline in every aspect of the therapy program, including functional mobility. She also exceeded baseline scores in problem solving and memory care.

Mrs. Keller also participated in daily living activities, UB/LB strengthening programs using weights and a restorator bike along with standing balance activities to ensure her safety upon returning home.

Mrs. Keller is back at home and doing well thanks to the staff at Carriage Inn of Cadiz and Blue Sky Therapy. We truly are helping seniors age on their own terms.

